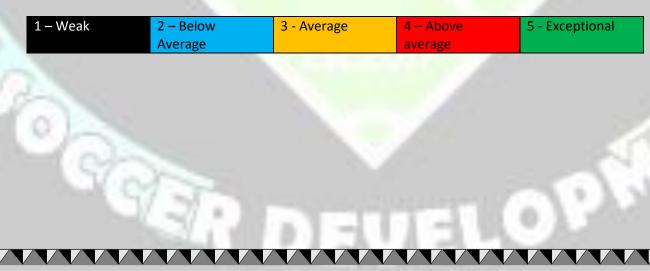
THE SOCCER STUDIO PLAYER PROGRESS REPORT 2018



PLAYER NAME: FAREEZ SURNAME: AMOOJEE DATE OF BIRTH: 30 DECEMBER 2010 AGE: 7 YEARS DIVISION: UNDER 8 COACH: JAMEEL ANSARY CURRENT CLUB: HSFA LINK TO PLAYER PROFILE: https://www.thesoccerstudio.com/under-8 All players are assessed on the fundamental factors of performance in

All players are assessed on the fundamental factors of performance in football namely technical, tactical, physical and psychological.

KEY FOR ASSESSMENT



TECHNICAL FACTORS

A **technical** player is a player has excellent ability on the ball, a good-looking player in possession, with the ability to buy themselves time and space due to their skill manipulating a **football**, working it in tight areas and improvising with their strong technique to solve problems in the game as they arise.

PASSING

| 1 | 2 | 3 | 4 | 5 | |
|------------------|-----------------|-----|-------|----|---|
| <u>CONTROL</u> | | 6 | | | |
| 1 | 2 | 3 | 4 | 5 | 1 |
| <u>DRIBBLING</u> | | с у | | | |
| 1 | 2 | 3 | 4 | 5 | 1 |
| <u>SHOOTING</u> | 311 | | | | |
| 1 | 2 | 3 | 4 | 5 | |
| <u>HEADING</u> | | | | 17 | |
| 1 | 2 | 3 | 4 | 5 | 1 |
| GOALKEEPER | (IF APPLICABLE) | | | | |
| 1 | 2 | 3 | 4 | 5 | _ |
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TACTICAL FACTORS

A **tactic** is a plan that is made before you start playing in a game which considers your own or your opponents' strengths and weaknesses. An attacking **tactic** is a game plan made up before or during a game to break down opposition defence or to score. Tactics are usually made up of individual tactics, group tactics and team tactics.

- Individual Tactics tactics of players individually, running into space, getting back to do defensive work, moving into intelligent areas to receive the ball, creating space to score etc
- Group tactics groups of players such as defensive unit working together, defence and cover defence, midfield unit, attacking and defensive midfielders working together
- Team tactics is the player as beneficial and efficient to the team as he can be

| 1 | 2 | 3 | 4 | 5 |
|-------------------|---------------------|---|---|------------------------|
| GROUP TA | <u>CTICS</u> | / | 1 | 111 |
| 1 | 2 | 3 | 4 | 5 |
| TEAM TAC | <u>TICS</u> | | | $\mathcal{A}($ |
| 1 | 2 | 3 | 4 | 5 |
| 1 | FACTORS | | | 0 |
| PHYSICAL | | | | |
| The physic | al component is bro | | | ance and co-ordination |
| The physic | al component is bro | ken down into streng or any good footballe | | ance and co-ordination |

| FITNESS | |
|--|---|
| | |
| <u>1</u> <u>2</u> <u>3</u> <u>4</u> <u>5</u> | 2 |

INDIVIDUAL TACTICS

| AGILITY | NC | 2 | the state | L J | |
|----------------|---------------|---|-----------|-----|---|
| 1 | 2 | 3 | 4 | 5 | 6 |
| <u>BALANCE</u> | | | | | |
| 1 | 2 | 3 | 4 | 5 | |
| CO-ORDINATI | <u>on</u> | | | | |
| 1 | 2 | 3 | 4 | 5 | |
| DYNAMIC EXE | <u>RCISES</u> | 1 | | | |
| 1 | 2 | 3 | 4 | 5 | |

PSYCHOLOGICAL FACTORS

The **psychological** component is one of the most important but forgotten factors in succeeding in football. The ability to listen to coaches and execute training drills is of utmost importance in game situations. Discipline, dedication, determination, confidence and punctuality make up the scoring for this fundamental factor of performance.

DISCIPLINE

| 1 | 2 | 3 | 4 | 5 |
|-------------------|-----------|----------|---|---------|
| | | | | 1 |
| | | | | |
| DEDICATION | | | | |
| 1 | 2 | 3 | 4 | 5 |
| | | | | |
| | | | | |
| DETERMINATI | <u>ON</u> | | | |
| 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | J |
| | | | | |
| <u>CONFIDENCE</u> | | | | |
| | | | | |
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| SUMMARY OF PLAYERS | S STRENGTHS AND WEAKNESSES |
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| | |
| STRENGTHS | WEAKNESSES |
| | |
| Decent Passing on right | Technical Left Foot |
| Decent control on right | Can improve control |
| | Can improve dribbling |
| - | Heading |
| | Shooting |
| Tactical | Tactical |
| Good individual tactics | Understanding of positions |
| Defensive work fair | Can improve on defensive work |
| - \\\/ | Can improve on attack |
| Physical | Physical |
| Good height | Can be more balance, co-ordination |
| Good fitness | Can improve dynamic exercises |
| | Can be stronger on the ball |
| Devehological | Psychological |
| Good discipline | Can be more confident on the ball |
| | Can be more confident on the ball |
| | |
| | |
| Good discipline Good dedication to football Good determination Good punctuality | • Can be more confident on the bail |

OVERALL SCORE

The players score is a total out of 100 marks with 50 marks being a pass mark. All players should have a good look at their weaknesses but also continue working on their strengths.

Total Score out of 100 - (67