

## THE SOCCER STUDIO PLAYER PROGRESS REPORT 2018



PLAYER NAME: SAIFULLAH

SURNAME: KHAN

DATE OF BIRTH: 04 MAY 2007

AGE: 11 YEARS

DIVISION: UNDER 12

COACH: NISHAAN ANSARY

CURRENT CLUB: LESCO FC

LINK TO PLAYER PROFILE: <https://www.thesoccerstudio.com/copy-of-under-12>

All players are assessed on the fundamental factors of performance in football namely technical, tactical, physical and psychological.

### **KEY FOR ASSESSMENT**

1 – Weak

2 – Below  
Average

3 - Average

4 – Above  
average

5 - Exceptional

### **TECHNICAL FACTORS**

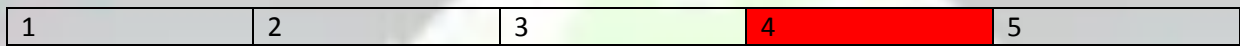
A **technical** player is a player has excellent ability on the ball, a good-looking player in possession, with the ability to buy themselves time and space due to their skill manipulating a **football**, working

it in tight areas and improvising with their strong technique to solve problems in the game as they arise.

**PASSING**



**CONTROL**



**DRIBBLING**



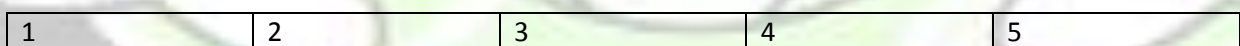
**SHOOTING**



**HEADING**



**GOALKEEPER (IF APPLICABLE)**



## TACTICAL FACTORS

A **tactic** is a plan that is made before you start playing in a game which considers your own or your opponents' strengths and weaknesses. An attacking **tactic** is a game plan made up before or during a game to break down opposition defence or to score. Tactics are usually made up of individual tactics, group tactics and team tactics.

- Individual Tactics – tactics of players individually , running into space , getting back to do defensive work , moving into intelligent areas to receive the ball, creating space to score etc
- Group tactics – groups of players such as defensive unit working together, defence and cover defence, midfield unit, attacking and defensive midfielders working together
- Team tactics – is the player as beneficial and efficient to the team as he can be

### INDIVIDUAL TACTICS

1	2	3	4	5
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### GROUP TACTICS

1	2	3	4	5
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### TEAM TACTICS

1	2	3	4	5
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## PHYSICAL FACTORS

The **physical** component is broken down into strength, fitness, agility, balance and co-ordination which is extremely important for any good footballer.

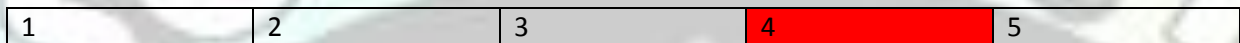
### STRENGTH ON THE BALL

1	2	3	4	5
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### FITNESS

1	2	3	4	5
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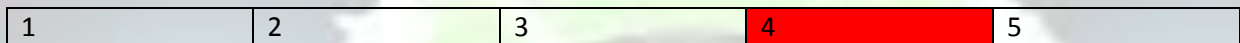
**AGILITY**



**BALANCE**



**CO-ORDINATION**



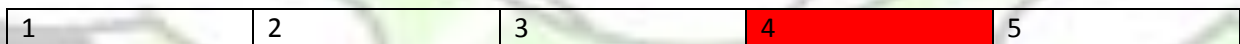
**DYNAMIC EXERCISES**



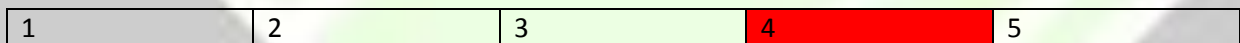
**PSYCHOLOGICAL FACTORS**

The **psychological** component is one of the most important but forgotten factors in succeeding in football. The ability to listen to coaches and execute training drills is of utmost importance in game situations. Discipline, dedication, determination, confidence and punctuality make up the scoring for this fundamental factor of performance.

**DISCIPLINE**



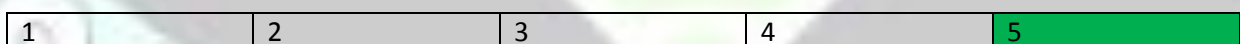
**DEDICATION**



**DETERMINATION**



**CONFIDENCE**



## PUNCTUALITY

1	2	3	4	5
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### SUMMARY OF PLAYERS STRENGTHS AND WEAKNESSES

STRENGTHS	WEAKNESSES
<b>Technical</b> <ul style="list-style-type: none"><li>• Good Right Foot</li><li>• Good Passing</li><li>• Good dribbling (1v1)</li><li>• Good shooting</li></ul>	<b>Technical</b> <ul style="list-style-type: none"><li>• Shots too straight and not in corners</li><li>• Heading</li><li>• Can work on left foot</li></ul>
<b>Tactical</b> <ul style="list-style-type: none"><li>• Good individual tactics</li><li>• Creates space well</li><li>• Uses the ball well</li><li>• Good defensive work and building up the play</li></ul>	<b>Tactical</b> <ul style="list-style-type: none"><li>• Decision making</li></ul>
<b>Physical</b> <ul style="list-style-type: none"><li>• Strong on the ball</li><li>• Good balance</li><li>• Good co-ordination</li><li>• Good speed</li></ul>	<b>Physical</b> <ul style="list-style-type: none"><li>• Can be more agile</li><li>• Can slow down in certain situations</li></ul>
<b>Psychological</b> <ul style="list-style-type: none"><li>• Confident with the ball</li><li>• Good dedication to football</li><li>• Good determination</li></ul>	<b>Psychological</b> <ul style="list-style-type: none"><li>• Be more punctual</li><li>• Better discipline</li></ul>

### OVERALL SCORE

The players score is a total out of 100 marks with 50 marks being a pass mark. All players should have a good look at their weaknesses but also continue working on their strengths.

Total Score out of 100 - **85**